



CITY IN THE
COMMUNITY

Cadishead Primary

CITYLIFESTYLES

Every Tuesday at 1pm or 3pm Starting this week Tuesday 11th September.
Places limited to 10 families in each session. Contact the office to book a
place or for more information

A Free 6
week course
including
cooking
sessions for
parents and
children



A new
recipe each
week and a
FREE
lifestyle
coaching
pack

