

Cadishead Primary School Outdoor Gymn



It has been great to see so many children using the Outdoor Gymn equipment

The children have been shown how to use it safely and they can now use it before and after school as well as at lunchtimes and breaks.

We are also running our Healthy Lifestyle family groups on a Friday either 1pm or 3pm come and learn some great recipes

and try some different exercise alternatives with your children.



The children have also been using the equipment with their after school clubs.

Why not have a go when you drop the children off or before you pick them up!